

# Improving Relationships Through Communication

*Write some of the good things about your relationships with the people listed. Then write some ways each relationship could be improved, and how you could use communication skills to make that improvement.*

## ***My partner***

What's good: \_\_\_\_\_

What could be better: \_\_\_\_\_

Communication solution: \_\_\_\_\_

## ***My family***

What's good: \_\_\_\_\_

What could be better: \_\_\_\_\_

Communication solution: \_\_\_\_\_

## ***My friend(s)***

What's good: \_\_\_\_\_

What could be better: \_\_\_\_\_

Communication solution: \_\_\_\_\_

## ***My instructor(s)***

What's good: \_\_\_\_\_

What could be better: \_\_\_\_\_

Communication solution: \_\_\_\_\_

## ***My coworker(s)***

What's good: \_\_\_\_\_

What could be better: \_\_\_\_\_

Communication solution: \_\_\_\_\_