

# Chapter 7 Quotes

***"To succeed, you need to find something to hold on to, something to motivate you, something to inspire you."***

TONY DORSETT  
ATHLETE

***"Life shrinks or expands in proportion to one's courage."***

ANNAÏS NIN  
AUTHOR

***"You may be disappointed if you fail, but you are doomed if you don't try."***

BEVERLY SILLS  
SINGER

***"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do."***

ELEANOR ROOSEVELT  
HUMANITARIAN

***"Whatever we believe about ourselves and our ability comes true for us."***

SUSAN L. TAYLOR  
JOURNALIST

***"Risk! Risk anything! Care no more for the opinion of others, for those voices. Do the hardest thing on earth for you. Act for yourself. Face the truth."***

KATHERINE MANSFIELD  
AUTHOR