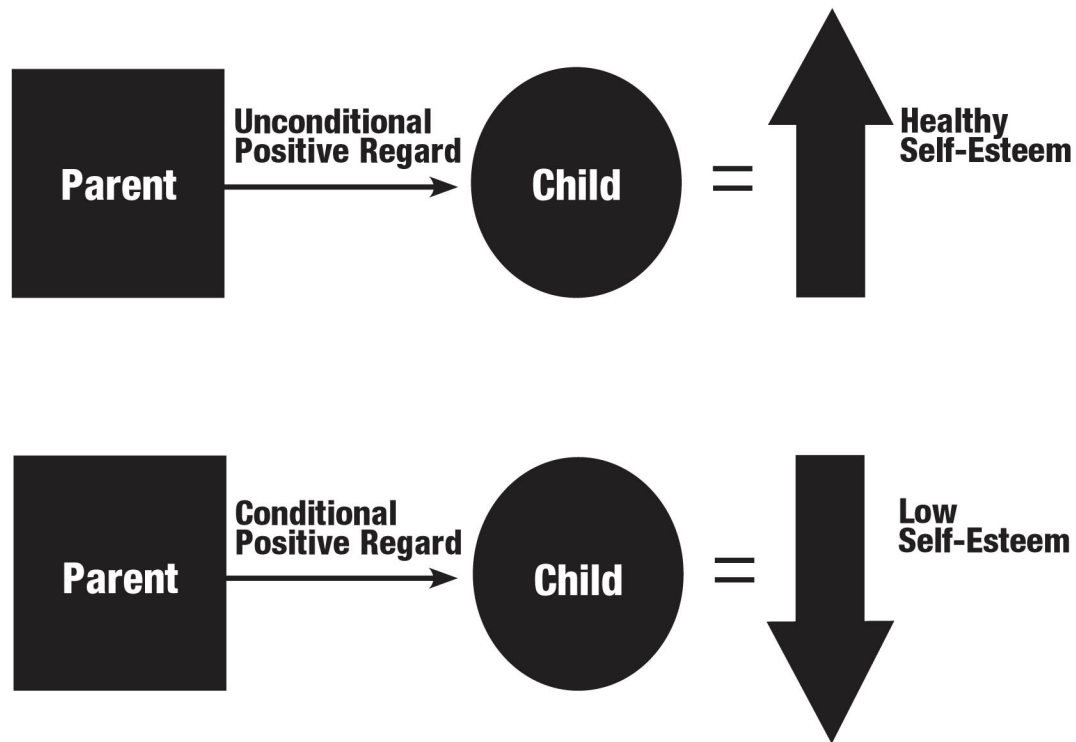


Childhood Origins of Self-Esteem

FIGURE 4.1



Positive Regard Your self-esteem is developed and established early on in your life. Studies show that parents' style of child-rearing during the first three or four years greatly affects children's self-esteem. *Besides parents, what other important adults might influence a child's self-esteem?*