

## Chapter 4 Quotes

***"Allow yourself to fail and you will be more likely to succeed."***

EDWARD DECI  
PSYCHOLOGIST

***"If I could wish for my life to be perfect, it would be tempting but I would have to decline, for life would no longer teach me anything."***

ALLYSON JONES  
AUTHOR

***"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light that most frightens us. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually, who are you not to be?"***

MARIANNE WILLIAMSON  
AUTHOR

***"Self-respect cannot be hunted. It cannot be purchased. It is never for sale. It cannot be fabricated out of public relations. It comes to us when we are alone, in quiet moments, in quiet places, when we suddenly realize that, knowing the good, we have done it; knowing the beautiful, we have served it; knowing the truth, we have spoken it."***

NOËL COWARD  
PLAYWRIGHT

***"I began to understand that self-esteem isn't everything; it's just that there's nothing without it."***

GLORIA STEINEM  
AUTHOR AND ACTIVIST

***"The worst loneliness is not to be comfortable with yourself."***

MARK TWAIN  
AUTHOR