

# 24 Strengths of Character

- active open-mindedness
- awe/appreciation of beauty
- citizenship/teamwork
- creativity/ingenuity
- curiosity/interest
- equity/fairness
- forgiveness/mercy
- gratitude
- hope/optimism
- industry/perseverance
- integrity/honesty/authenticity
- intimacy/attachment (love)
- kindness/generosity
- leadership
- love of learning
- modesty/humility
- perspective (wisdom)
- playfulness/humor
- prudence/caution
- self-control/self-regulation
- social intelligence
- spirituality
- valor (bravery/courage)
- vitality/zest/enthusiasm

SOURCE: "24 STRENGTHS OF CHARACTER" FROM CHRISTOPHER PETERSON AND MARTIN E. P. SELIGMAN, *THE VIA CLASSIFICATION OF STRENGTHS*. (CINCINNATI, OH: VALUES IN ACTION INSTITUTE, 2004.)