

# Chapter 1 Quotes

***"What lies behind us and what lies before us are small matters compared to what lies within us."***

RALPH WALDO EMERSON  
PHILOSOPHER

***"Life isn't about finding yourself. Life is about creating yourself."***

GEORGE BERNARD SHAW  
PLAYWRIGHT

***"Life is a series of collisions with the future; it is not a sum of what we have been but what we yearn to be."***

JOSE ORTEGA Y GASSET  
PHILOSOPHER

***"Personal change, growth, development, identity formation—these tasks that once were thought to belong to childhood and adolescence alone now are recognized as part of adult life as well."***

LILLIAN BRESLOW RUBIN  
PSYCHOLOGIST