

Chapter 26 Parent Letter and Activities

Dear Parent or Guardian,

According to the Centers for Disease Control, accidental injuries kill over 15,000 adolescents a year, and for every fatality, there are 41 hospitalizations and 1,100 emergency room treatments. (The largest percentage of these injuries and fatalities are the result of motor vehicle accidents.) Such statistics emphasize the importance of understanding how accidents occur and can be prevented. In health class, we will explore personal, home, outdoor, and road safety. We will then develop strategies to help prevent accidental injuries under each of these circumstances.

The following topics will be covered in this chapter:

- Personal Safety and Protection.
- Safety at Home and in Your Community.
- Outdoor Safety.
- Safety on the Road.

Please reinforce our classroom work by discussing with your son or daughter one or more of the following topics: Discuss with your teen the seriousness of vehicular safety. Share concerns about teen tendency toward risk-taking behaviors while driving. Do a home walk-through with your teen and discuss strategies for preventing unintentional injury in the home. Discuss outdoor safety with your teen, analyzing his or her activities in regard to injury potential and possible preventative safety measures.

I hope we can work together to help your teen develop an awareness of personal, home, outdoor, and road safety, reducing his or her risk of unintentional injury. Thank you for supporting our classroom work. Feel free to contact me if you wish to discuss your teen's health education.

Sincerely,

Health Teacher

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