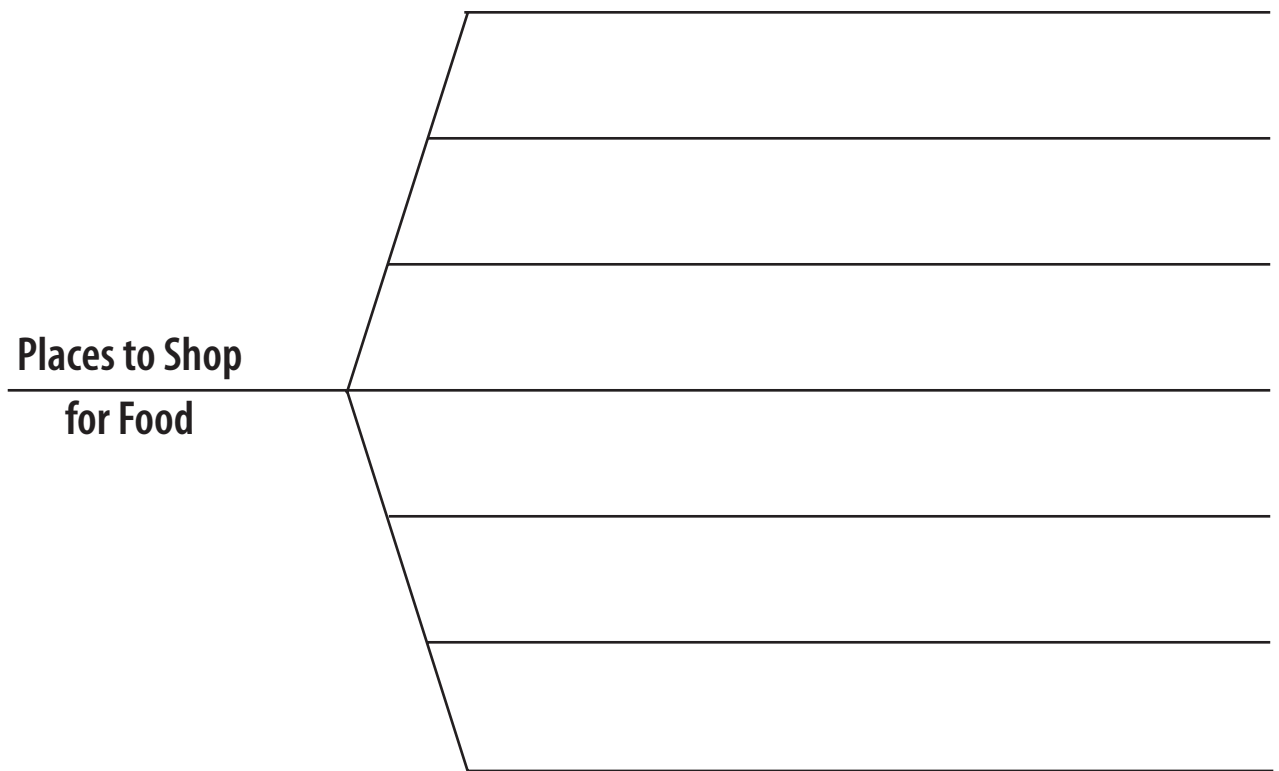


Shopping for Food

Section 28.1 Cost Effective Meal Management Practices

Directions As you read, look for seven examples of places to shop for food. Use this fish-bone diagram to help you organize your information.



Shopping for Food

Section 28.2

Food Choices that Promote Good Health

Directions As you read, note three types of dates found on food packages and a description of each. Use this flow chart to help you organize your information.

