

CHAPTER SUMMARY

Section 24.1

Basic Needs and Safety

Children depend on caregivers to meet their basic physical needs, including food, sleep, clothing, cleanliness, and health care. Taking steps such as childproofing the home will help keep children safe. Caregivers need to know what to do in emergency situations, so it is helpful to be familiar with first aid and CPR. If abuse is suspected, it should be reported. Parents should explore child care options carefully.

Section 24.2

Positive Guidance and Nurturing

Caregivers must meet children's intellectual, emotional, social, and moral needs. Guiding behavior involves promoting good behavior, setting reasonable limits, and handling misbehavior. Children's play is purposeful and promotes progress in all areas of development. Children need a balance of different types of play activities. Caregivers should provide a variety of opportunities for play and learning.