

Discovering Life Skills

Chapter 18: Learn How to Sew

Chapter Summary

Fabric preparation is an important step in any successful sewing project. To prepare fabric for sewing, preshrink it and check the grain. Then read the pattern guide sheet. This will allow you to understand the overall project, and will help you avoid making mistakes. Check the pattern pieces and compare the measurements to those on the pattern envelope and make changes as needed.

Sewing is an enjoyable creative activity that can help you expand your wardrobe. Basic sewing skills include stitching straight, stitching curved seams, and turning corners. Serging is a way to finish a seam or fabric edge in one step. A serger sews, trims, and finishes an edge in one step. Serging allows you to use a variety of fabrics and to give your projects a professional look.