

Discovering Life Skills

Chapter 17: Plan Sewing Projects

Chapter Summary

The keys to making the most of your time in the sewing classroom are organization, preparation, and consideration. Sewing machines all operate in the same way. A needle moves up and down through the fabric, and two sets of threads interlock to form stitches. A good introduction to using a sewing machine is to practice making hems. A hem finishes the bottom edges of sewn projects. Hems can be sewn by hand or with a sewing machine.

Patterns, fabrics, and notions are essential for getting started on sewing projects. Choose a pattern will to matches your abilities and the time you have to complete the project. Quality fabric does not have to be expensive. When selecting fabric, use the information on your pattern envelope to find out what kind and how much fabric you will need. After you have chosen a fabric, refer to the back of the pattern envelope for a list of the type of notions you will need.