

Activity 15

Children Can Dress Themselves

Young children want to become independent and perform tasks for themselves. You can help them learn to dress themselves with this felt “dressing mat.” It will give children opportunities to practice using snaps, buttons, laces, and hook-and-loop tape.

Supplies

- one 18-in. x 24-in. (46-cm x 61-cm) piece of heavy-weight felt for the base
- seven 12-in. (30.5-cm) squares of medium-weight felt in different colors
- scissors
- a pair of shoelaces
- two snaps
- three $\frac{3}{4}$ -in. (2-cm) buttons
- a 4-in. (10-cm) strip of hook-and-loop tape
- pins
- thread
- paint pen
- yarn
- glue (clear-drying)

Part I Directions:

1. Cut out a rectangle 18 in. \times 24 in. (46 cm \times 61 cm) of heavy-weight felt for the base.
2. Trace the pattern shapes on pages 33–36: pants, jacket, shoe, head, mitten, hat.
3. Cut out the pattern shapes and pin the patterns to the felt pieces.
4. Cut out the patterns in felt. *Note:* You will need to cut out two mittens and two shoes.
5. Stitch three buttons to the left side of the jacket as marked on the pattern.
6. Cut $\frac{3}{4}$ -in. (2-cm) slits for buttonholes in the right side of the jacket, as marked on the pattern.

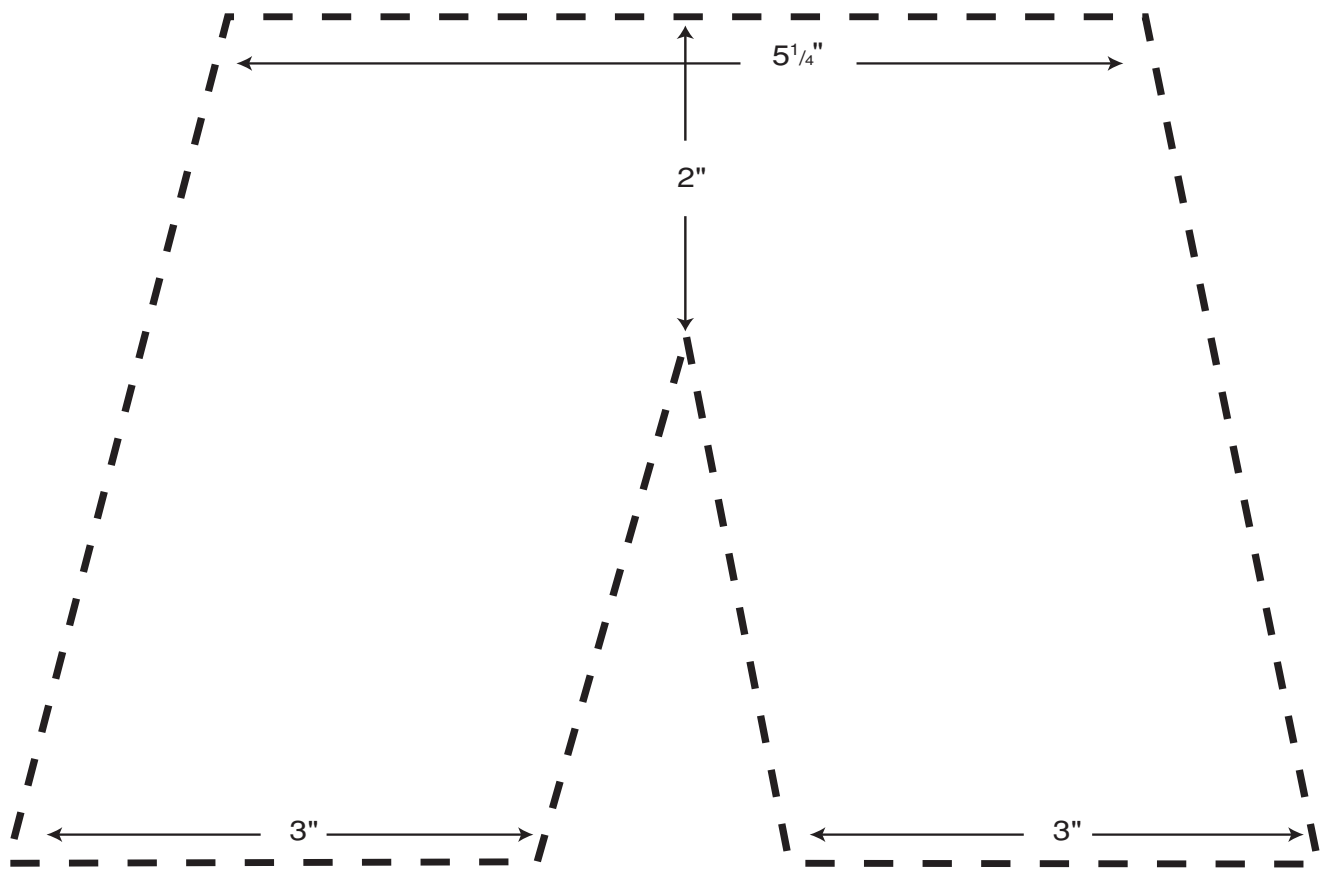
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Activity 15 *continued*

7. Pin and stitch the hook side of a 4-in. (10-cm) piece of hook-and-loop tape to the top of the hat.
8. Hole punch the eyelets in the top of each shoe, as marked on the pattern.
9. Pin the pants, jacket, shoes, and head to the base. Overlap the jacket front so that the button-holes lie above the buttons.
10. Stitch the pieces $\frac{1}{4}$ in. (6 mm) from the edge. Leave the jacket front and bottom edge, the ends of the sleeves, the pant leg bottoms, and shoelace areas open. **See Fig. 15-1 on page 36.**
11. Thread a shoelace through the eyelets in each shoe. **See Fig. 15-2 on page 36.**
12. Stitch the socket side of one snap to the ends of each sleeve. **See Fig. 15-3 on page 37.**
13. Stitch the ball side of each snap to each mitten as shown. **See Fig. 15-4 on page 37.**
14. Pin and stitch the loop side of the piece of hook-and-loop tape 1 in. (2.5 cm) above the head as shown. **See Fig. 15-5 on page 37.**
15. Using the paint pen, draw a face on the head.
16. Cut and stitch strips of yarn for hair. Glue the yarn to the head. **See Fig. 15-6 on page 37.**
17. Take your completed “dressing mat” with you whenever you go babysitting. Young children will love it!

Activity 15 *continued*

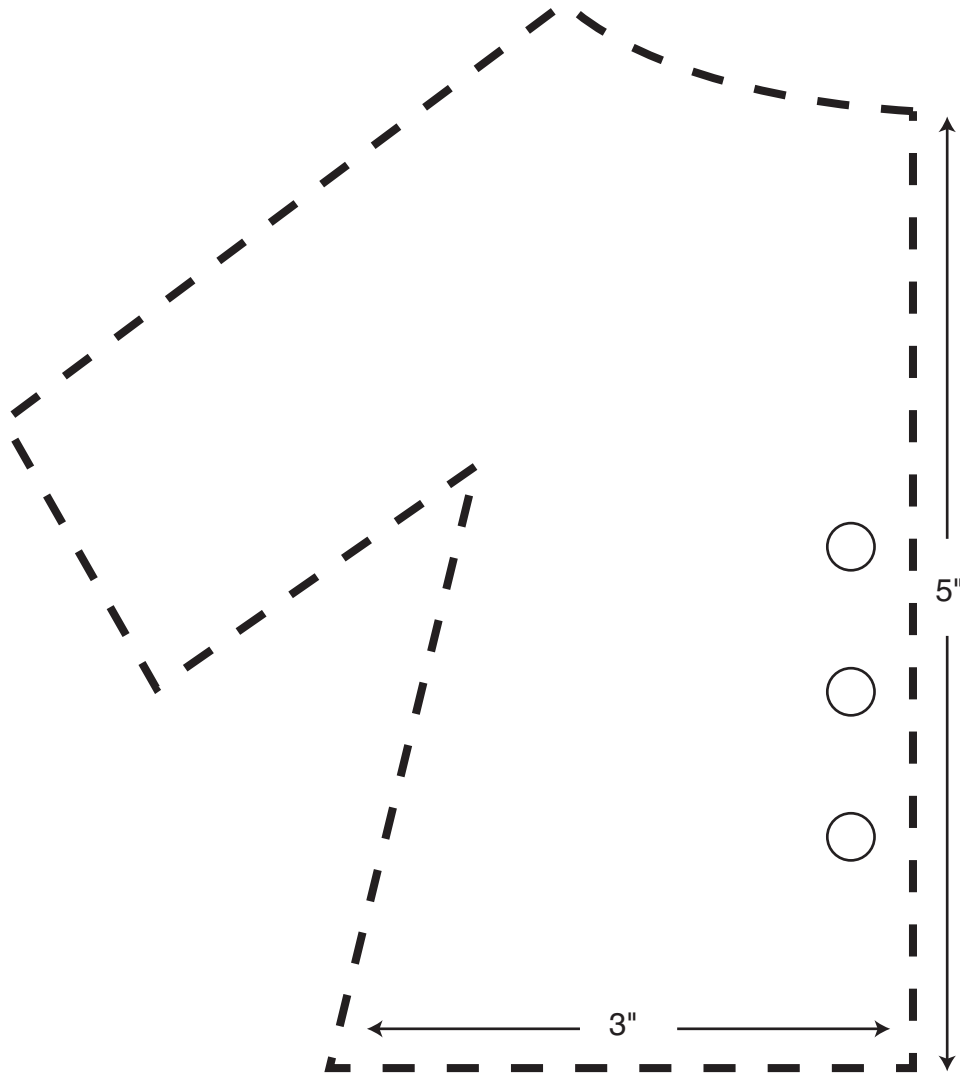
Pattern Pieces



Pants

Activity 15 *continued*

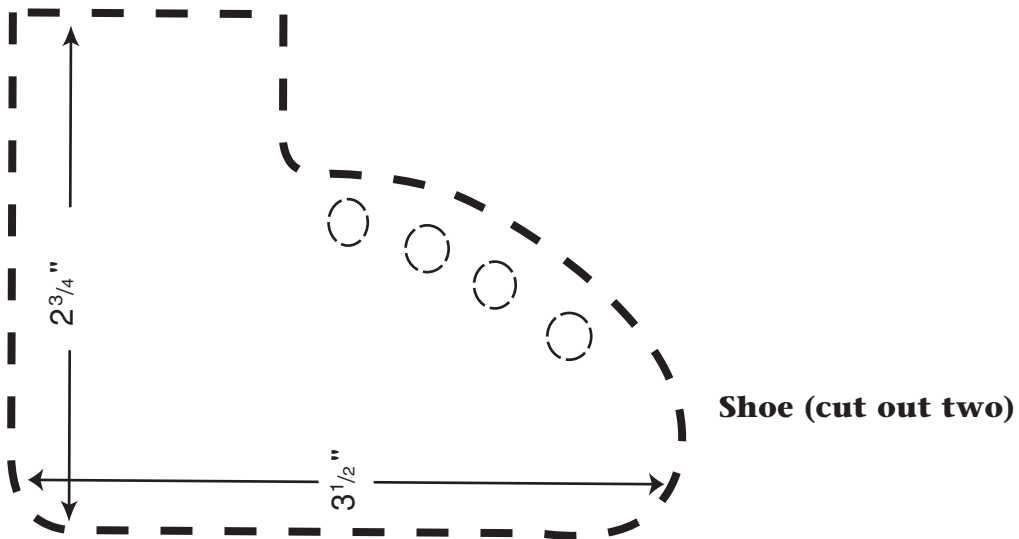
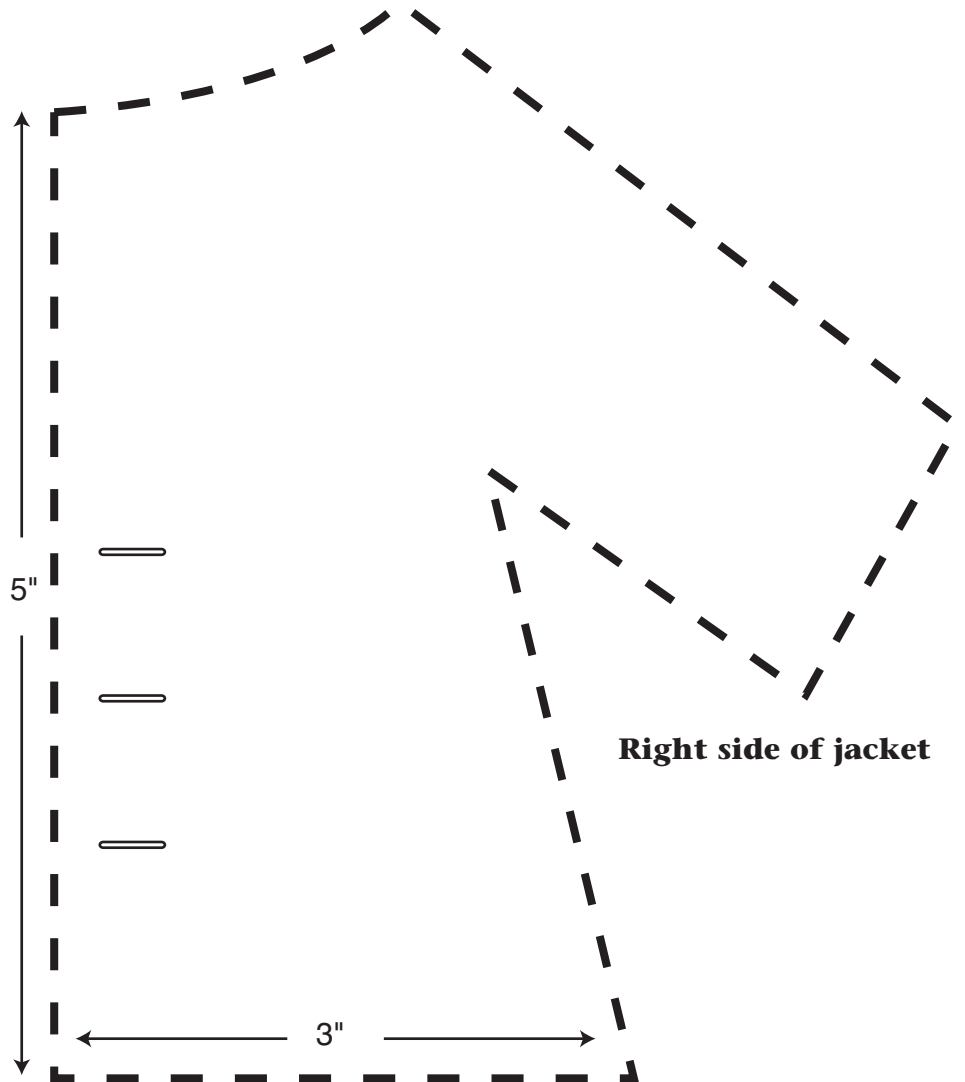
Pattern Pieces



Left side of jacket

Activity 15 *continued*

Pattern Pieces

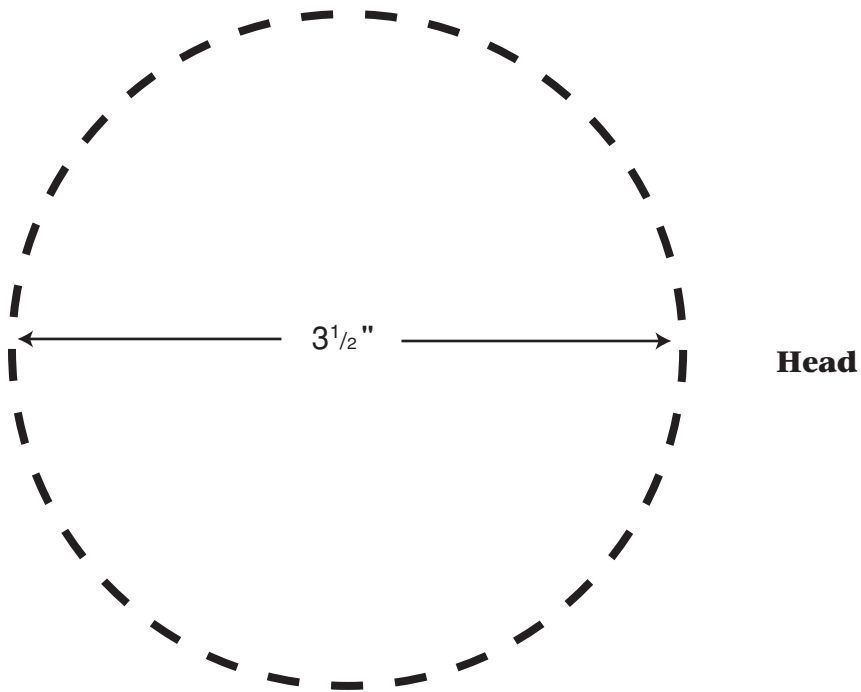


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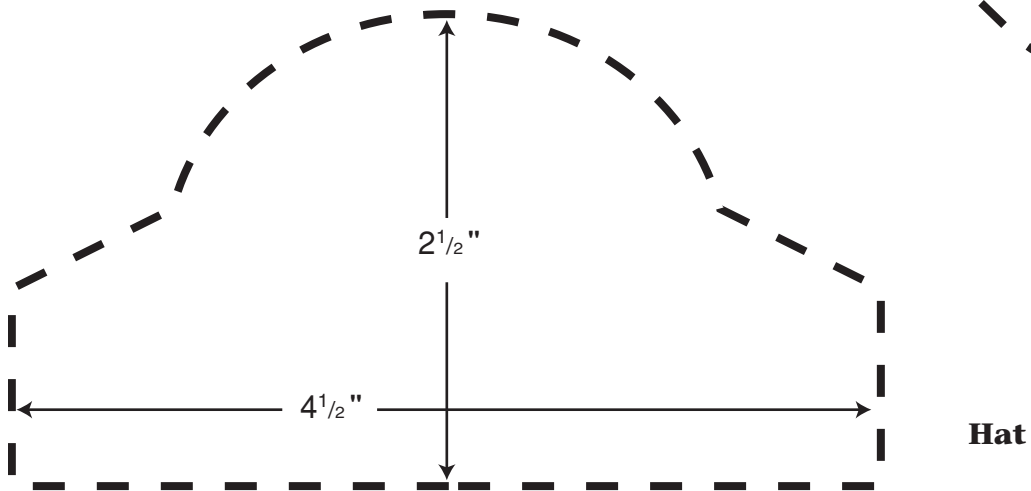
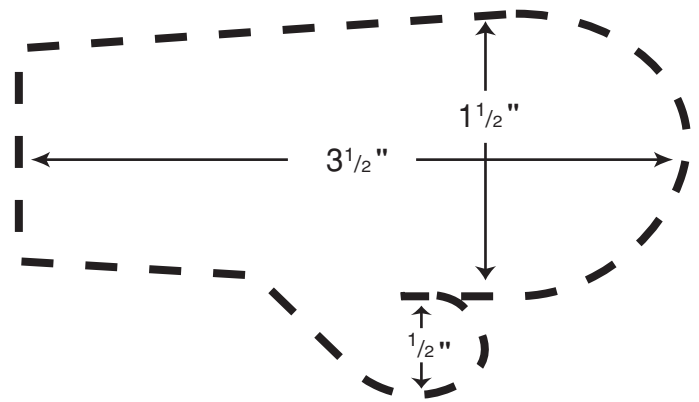
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Activity 15 *continued*

Pattern Pieces



Mitten (cut out two)



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Activity 15 continued

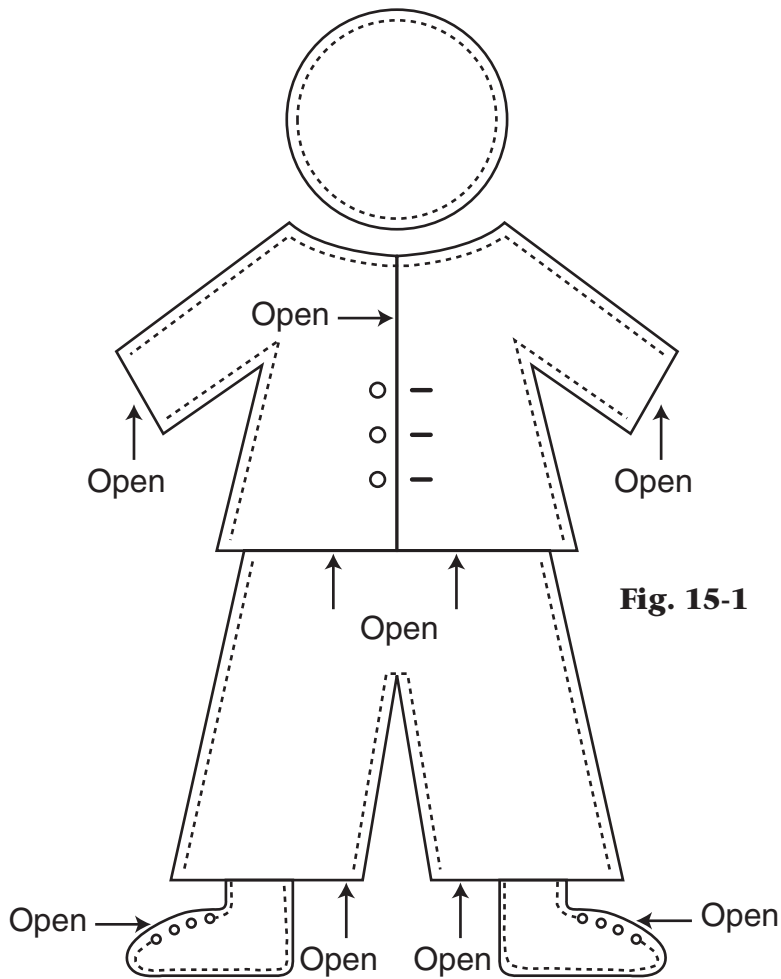


Fig. 15-1

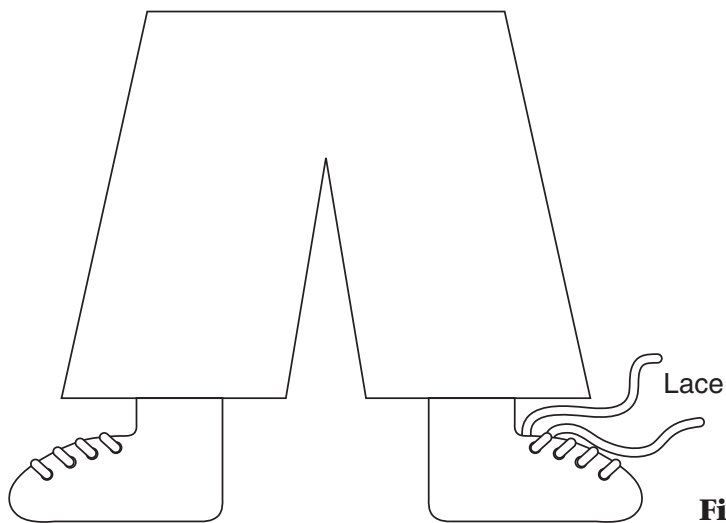


Fig. 15-2

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Activity 15 continued

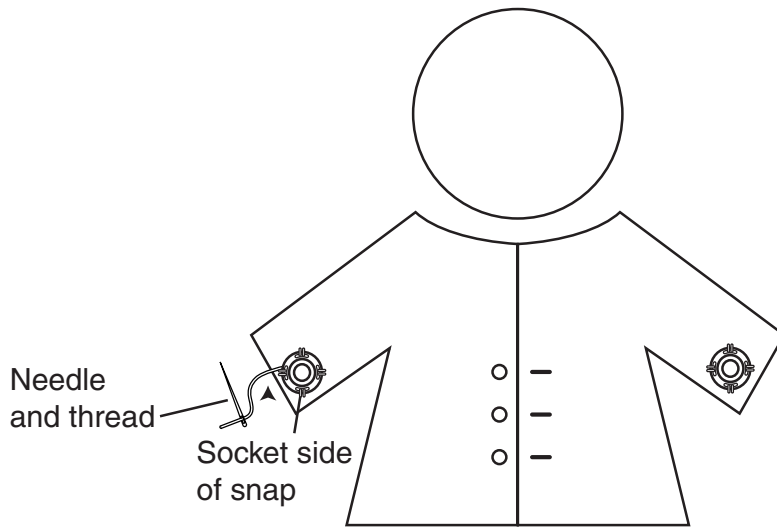


Fig. 15-3

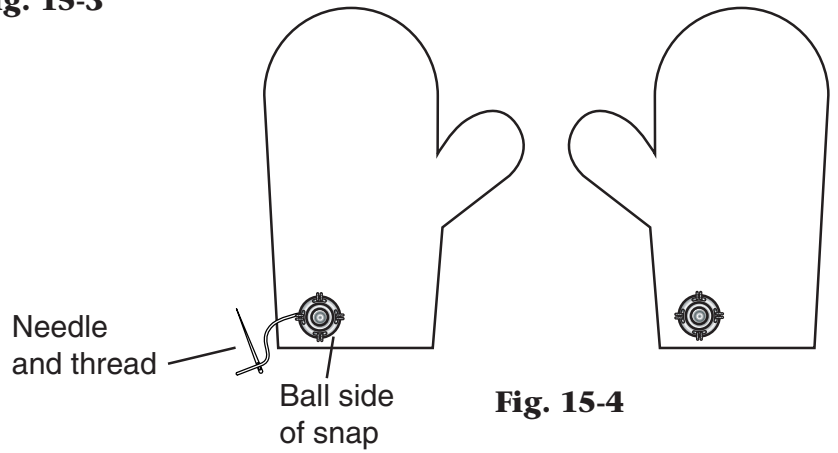


Fig. 15-4

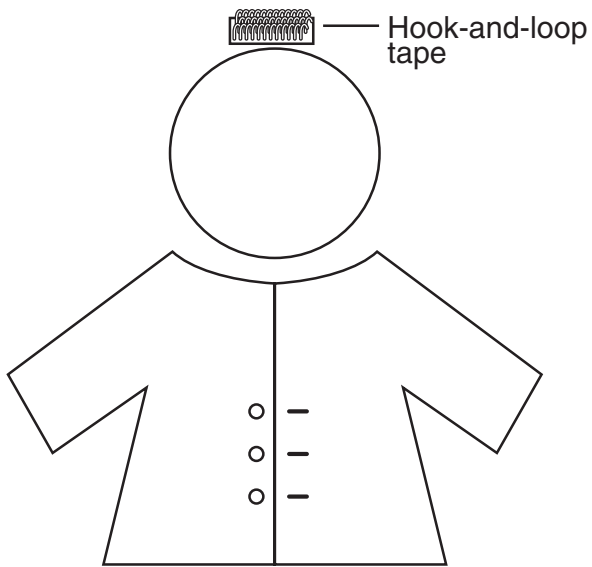


Fig. 15-5

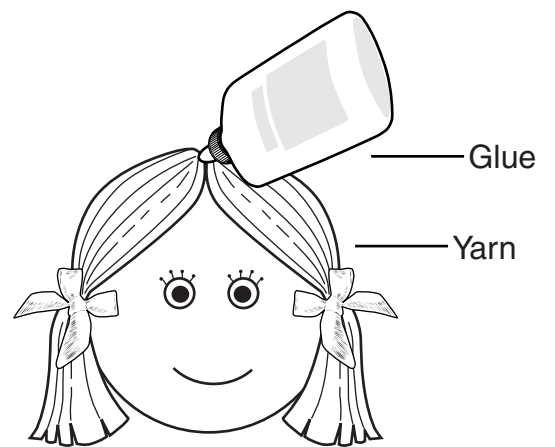


Fig. 15-6