

Activity 31

Setting Up Short-Term Goals

Directions: For each of the long-term goals identified below, describe five short-term goals that could help a person achieve it. Consider what resources are available and think about priorities as you list the short-term goals.

1. Goal: Form a group of teens who will work on a regular basis with children at the elementary school who have disabilities.

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____

2. Goal: Start a jazz band.

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____

3. Goal: Organize a fundraiser for the basketball team.

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____