

Activity 20

It's All in How You Say It!

Directions for Part I: Read the statements below. Rewrite each one so that the speaker expresses the same message but shows a better understanding of communication skills.

1. "You always blame me for everything." _____

2. "You know what I mean, don't you?" _____

3. "You are such a liar! You always distort the truth!" _____

4. "I think you are blowing it all out of proportion!" _____

5. "Why did you do that? You should know better!" _____

Directions for Part II: Rick is new at school, and he'd like to go to the basketball game. He doesn't want to go alone, however. He's hesitant to ask anyone because he's not sure that he would be welcome. Can you help? Create a dialogue between Rick and a neighborhood teen named Justin, using elements of good communication.
