

Activity 14

Making New Friends

Directions: Making new friends is not always easy but it's a skill that you can learn. Answer the questions below to discover strategies you can use.

Start a conversation:

1. What are some topics that interest you and that you could talk about with ease?

2. What are some opening lines that you could use? _____

Join a club or a group that interests you:

3. What are some things that interest you or that you enjoy doing? _____

4. What clubs or groups could you join to pursue those interests? _____

Volunteer to work on a project:

5. What kinds of skills could you offer? _____

6. How could you use those skills on a project that involves other people? _____

Offer to help someone:

7. What skills do you have that could be useful to someone else? _____

8. How could you use those skills to make a friend? _____

Other ideas:

9. What are some other ways you could make a new friend? _____
