

Activity 13

Be a Friend

Directions for Part I: Some of the qualities that are part of good friendships are listed below. For each, give an example of specific behavior that demonstrates the quality.

1. Caring: _____

2. Sharing: _____

3. Good communication: _____

4. Help: _____

5. Similar goals or interests: _____

6. Give-and-take: _____

7. Trust: _____

Directions for Part II: Look over the answers that you wrote in Part I. Then pick one of the qualities listed. On the lines below, describe a specific time when you demonstrated this quality as a friend. Use a separate sheet of paper if necessary.

