

# Activity 11

## When Families Change

**Directions:** Described below are two changes that could occur within a family. Read each situation and answer the questions that follow.

1. David's parents have been divorced for six months. David lives with his mother during the week and spends weekends with his father. Now his father is being transferred to a city hundreds of miles away and will be able to see him only on holidays and vacations.

What new role will David's mother have? \_\_\_\_\_

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What adjustments will David have to make because of this change? \_\_\_\_\_

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What adjustments will David's father have to make? \_\_\_\_\_

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Describe one way for David and his parents to prepare for the changes that will occur.

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2. Shawna's father was recently diagnosed with a serious illness and has had to take a leave of absence from his job. Shawna's mother has returned to work as a medical technologist to help support the family financially. Shawna, who is 12, has a brother and a sister in elementary school.

What new roles might Shawna have? \_\_\_\_\_

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What adjustments will Shawna have to make? \_\_\_\_\_

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How can Shawna adjust positively to the changes in her family? \_\_\_\_\_

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