Directions: Read chapter 20, and answer the following questions. Later, you can use this study guide to review.

1. Name the six kitchen-safety habits.

_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

2. What are three precautions to take to prevent falls?

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_____________________________________________________________________________________
_____________________________________________________________________________________

3. Explain three ways to avoid accidents with sharp edges.

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4. How can fires and burns be prevented by basic cleanliness and using equipment in good condition?

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5. How can nonfood items be a fire hazard around the cooktop?

_____________________________________________________________________________________
_____________________________________________________________________________________

6. How would you relight a pilot light?

_____________________________________________________________________________________
_____________________________________________________________________________________

7. What are three things you can do to smother a fire in a skillet?

_____________________________________________________________________________________
_____________________________________________________________________________________

(Continued on next page)
8. Why should you unplug small electrical appliances when you are through using them?
_____________________________________________________________________________________
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9. What should you do if your hand mixer falls in the dishpan?
_____________________________________________________________________________________
_____________________________________________________________________________________
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10. Explain why it could be dangerous to mix different cleaning products.
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11. Name four grilling safety guidelines.
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_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
12. What precautions should be taken when cooking if small children are in the home?
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
13. What modifications can be made to help a person with a physical challenge in the kitchen?
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
14. Why is it important to stay calm in an emergency?
_____________________________________________________________________________________
_____________________________________________________________________________________
## Activity 1

### Preventing Kitchen Accidents

**Hazard Proofing a Kitchen**

**Directions:** Based on what you have learned in this chapter, your job is to identify potential safety hazards in your home kitchen or in a friend’s home. Use the space below to draw a sketch of the kitchen you are examining. On the lines below, list each hazard and a way to correct it.

<table>
<thead>
<tr>
<th>Hazard</th>
<th>Improvement</th>
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No Accidents Wanted Here

Directions: You have been assigned the task of creating a poster for preventing accidents in the foods lab. Write safety guidelines that include something about each of the following.

How to:
- Prevent falls
- Handle knives
- Prevent fires
- Use cooktops and ovens safely

In the space below make a sketch of your poster, including drawings or actual pictures. If time, make the actual poster using a computer or poster board and markers.

Title of your Poster: ________________________________________________________________

Safety Guidelines for Poster:
________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________

Activity 2
Preventing Kitchen Accidents