

*Emotional and Social Development
from Seven to Twelve*

CHAPTER 17

Study Guide

Directions. Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

Section 17–1: Emotional Development from Seven to Twelve

1. Identify three signs that children between the ages of seven and twelve are developing a sense of self.

2. How is the development of a sense of competence related to self-esteem? _____

3. Why is it important for children ages seven to twelve to experience more successes than failures?

4. Identify four strategies you could use to help a child develop a sense of competence. _____

5. Describe three signs that gender identity is being strengthened in children ages seven to twelve.

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(Continued on next page)

***Emotional and Social Development
from Seven to Twelve***

Chapter 17 continued

6. Kaleel is curious and loves to explore. When he makes a discovery, he tells exaggerated tales of his exploits. Kaleel is showing characteristics of what age?

7. Maya is absorbed in her own thoughts. Her moods change frequently. She often ignores others, seeming not to care what they say. Is Maya more likely in middle childhood or in the preteen years?

8. By what age do children generally understand that they should express their anger in socially acceptable ways?

9. Suggest a way to help an angry child regain self-control. _____

10. How do children's fears generally change between the ages of seven and twelve? _____

11. How is normal anxiety different from an anxiety disorder? _____

12. How might children these ages express envy? _____

13. Identify four strategies for living with seven- to twelve-year-olds. _____

***Emotional and Social Development
from Seven to Twelve***

Chapter 17 continued

Section 17–2: Social and Moral Development from Seven to Twelve

14. What qualities become important in friendships around age seven or eight? _____

15. What role do peer groups play in the self-esteem of older children and preteens? _____

16. Why is the number of friends a child has not a good indicator that the child has a healthy social life? What is a better way of evaluating this?

17. Describe a four-step process for helping preteens resolve conflicts with peers. _____

18. Why do victims of bullying often hide the problem from adults? What should a parent or caregiver do to help?

***Emotional and Social Development
from Seven to Twelve***

Chapter 17 continued

19. How and why do relationships between children and parents change during middle childhood and the preteen years?

20. How can parents help a child make moral choices when the parents are not around? _____

21. Why is peer pressure strong during preteen years? How does it lead to conformity? _____

22. Describe three ways that preteens can avoid negative peer pressure. _____

23. Give an example of a low-risk decision that parents can allow preteens to make to help encourage responsibility.

24. What are two effective forms of punishment for preteens who break family rules? _____

Emotional Development
from Seven to Twelve

SECTION 17-1

Recognizing Characteristic Behaviors

Directions. For each statement below, choose the age at which the behavior or development is *most* typical. Write the correct age in the space to the left of the statement. You may use answers more than once.

Ages	
Seven	Ten
Eight	Eleven and twelve
Nine	

Ages	Behaviors
_____	1. Typical of her generally happy outlook on life, Alexia is no longer worried by nighttime fears.
_____	2. Ryan’s parents can not believe the change. Last year, he had been quiet and seemed never to want to leave the house. This year, he is outgoing and confident and is out playing every chance he can.
_____	3. Allison sits by herself, hardly saying a word to others. At night, though, she likes her mother’s company because she is afraid of the dark.
_____	4. In earlier years, Luke referred to himself as Miranda’s brother, but now when he talks about himself he describes what kind of person he is. “I like to laugh,” he says, or “I’m honest.”
_____	5. Abby is so caught up in thinking about how embarrassed she was at school that she does not even hear her father call to say that dinner is ready.
_____	6. “It’s funny,” Kendall says to his friend Samir. “The people at school think I’m one kind of person and the people in the karate school think I’m totally another kind of person.”
_____	7. Anthony wants to tell his family what happened at school today. He describes the whole scene, speaking in an excited voice and waving his arms as he talks.
_____	8. Julia is frustrated because her friend Amy is spending more time with another classmate. When she gets home from school and her mother asks her to pick up her things, she refuses.
_____	9. Vincent seems to worry all the time, and he finds it very difficult to accept any criticism.
_____	10. Sarah’s parents are worried about her. She seems to be very harsh on herself whenever she makes a mistake.

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SECTION 17-2

Setting Rules and Responsibilities

Part 1 Directions: You are the parent of twelve-year-old Kirsten. You want to establish rules and responsibilities for Kirsten that are reasonable and appropriate for her age. In the chart below, write the rules or responsibilities you would set for each category.

Category	Rule or Responsibility
Homework	
Attending parties	
Household chores	

Part 2 Directions: Below are descriptions of Kirsten’s behaviors. In the spaces that follow each description, write your response to the behavior.

1. Kirsten arrives home a half-hour late from a party. “My curfew is too strict,” she says. “I’m embarrassed when I have to leave an hour earlier than everyone else.”

2. On a school night, Kirsten watches a television show until midnight. _____
3. One evening, Kirsten comes home early from a party. “I was not comfortable,” she said. “Some people were secretly drinking beer.”

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