

Chapter 2 Responsibilities of Parenting

Section 2.1 Parenting and Families

- 1.** Three ways to build parenting skills include reading reliable information about parenting; gaining experience by working with or caring for children; and asking the advice of family and friends who have parenting experience.
- 2.** New parents often experience fear of not being a good parent; frustration at the loss of personal freedom and the addition of new responsibilities; worry over money matters; jealousy of the baby and the attention he or she gets from the other parent, friends, and relatives; and depression due to exhaustion or to the physical changes of pregnancy and birth.
- 3.** Lists will vary but should clearly show how a task was accomplished for the first time.
- 4.** Answers will vary but may include such comparisons as American parents will buy a crib to prepare for a new baby while many Japanese or Korean parents do not. They plan for the baby to sleep in the parent's bed for the first few years.

Section 2.2 Teen Parenthood

- 1.** Sexuality refers to a person's view of himself or herself as a male or female. Sexual activity is when people engage in sexual behavior.
- 2.** Abstinence is a deliberate decision to avoid high-risk behaviors, including sexual activity and the use of tobacco, alcohol, and other drugs.
- 3.** Teens are at greater risk of iron deficiency, which can deprive the baby of oxygen, and of toxemia, which can lead to the premature delivery of the baby.
- 4.** In a confidential adoption, the birth parents do not know the names of the adoptive parents. In an open adoption, birth and adoptive parents know each other.
- 5.** People should wait to have children until they are prepared to help assure a bright future for both the children and the parents.
- 6.** Advice columns will vary. Students should suggest that the teen talk to an adult she can trust and that she see a doctor for confirmation of the pregnancy.
- 7.** Answers will vary but may include that values such as trust, self-respect, and respect for others help shape each person's sense of his or her own sexuality.