

## Handling Emergencies

**Directions:** Put a check mark under yes or no after each question below to check your knowledge of emergency actions. Then follow the directions in *Emergency Evaluation*.

Emergency Actions		Yes	No
1	Should you post phone numbers for poison control centers, emergency personnel, and doctors near the phone?		
2	When calling 911, is it a good idea to talk hurriedly and excitedly so the dispatcher can get a handle on the situation faster?		
3	Should you expect that the dispatcher can tell where you are calling from, even if you do not tell him or her?		
4	Should you hang up the phone as soon as you have explained the emergency?		
5	Should you repeat any instructions a dispatcher gives you to be sure you understand them?		
6	Is it a good idea to assume that someone else in a public place will know first aid, and you will not have to use it yourself?		
7	Can the Red Cross help you learn first aid?		
8	If someone is choking, should you take the person to the emergency room immediately?		
9	Can the Heimlich maneuver only be performed on a person who is lying down?		
10	If a choking person can breathe or cough, should you let the person try to cough out the blockage on his or her own?		
11	If a choking person needs your help, should you ask someone to call 911?		
12	When performing the Heimlich maneuver, should you stand behind the person and wrap your arms around the person's waist?		
13	When attempting to dislodge something a person is choking on, should you thrust inward and upward just above the person's waist?		
14	If the blockage does not come out, should you stop trying to dislodge it and let the person try to get it out on his or her own?		
15	Can a person become unconscious when his or her airway is blocked?		
16	Can doing rescue breathing and chest compressions help supply oxygen to someone who is unconscious?		
17	Is it okay to perform CPR on someone even if you are not trained to use it?		
18	Should you wait until a situation becomes a crisis before you seek help?		

### Emergency Evaluation

While watching a movie or television show about people responding to emergencies, notice whether they use the strategies you have learned. On separate paper, write down any instances where something was handled incorrectly. What should the person have done in these situations?

# The Earth, Home, and You

**Directions:** To review your knowledge of keeping the environment clean and safe, use the clues to fill in the shaded parts of the puzzle below. Then follow the directions in *Speaking Out for Recycling*.

1.							<b>K</b>							
2.							<b>E</b>							
3.							<b>E</b>							
4.							<b>P</b>							
5.							<b>I</b>							
6.							<b>T</b>							
7.							<b>C</b>							
8.							<b>L</b>							
9.							<b>E</b>							
10.							<b>A</b>							
11.							<b>N</b>							

- To develop a plan for keeping your home clean, make a list of daily, weekly, and occasional   ?  .
- ?   resources replace themselves over time.
- You can help manage earth's resources by practicing   ?  .
- A(n)   ?   turns organic material into fertile matter for plants.
- ?   vehicles are powered by a combination of gasoline and electric power.
- ?   resources include air, water, soil, and trees.
- You reduce the amount of trash you produce when you   ?  .
- The   ?   environment includes all living and nonliving elements on earth.
- The world's supply of   ?   resources, such as oil and iron, is limited.
- Keeping a home safe and clean will help prevent   ?  .
- Home   ?   includes eliminating clutter, organizing the household, cleaning, and making repairs.

## Speaking Out for Recycling

Suppose you live in a town with no recycling program. A group of people in your community want to see a recycling program started. They have asked you to be their spokesperson at an upcoming meeting. On separate paper, write a speech to convince the town council to begin a recycling program.

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# Helping to Save the Earth

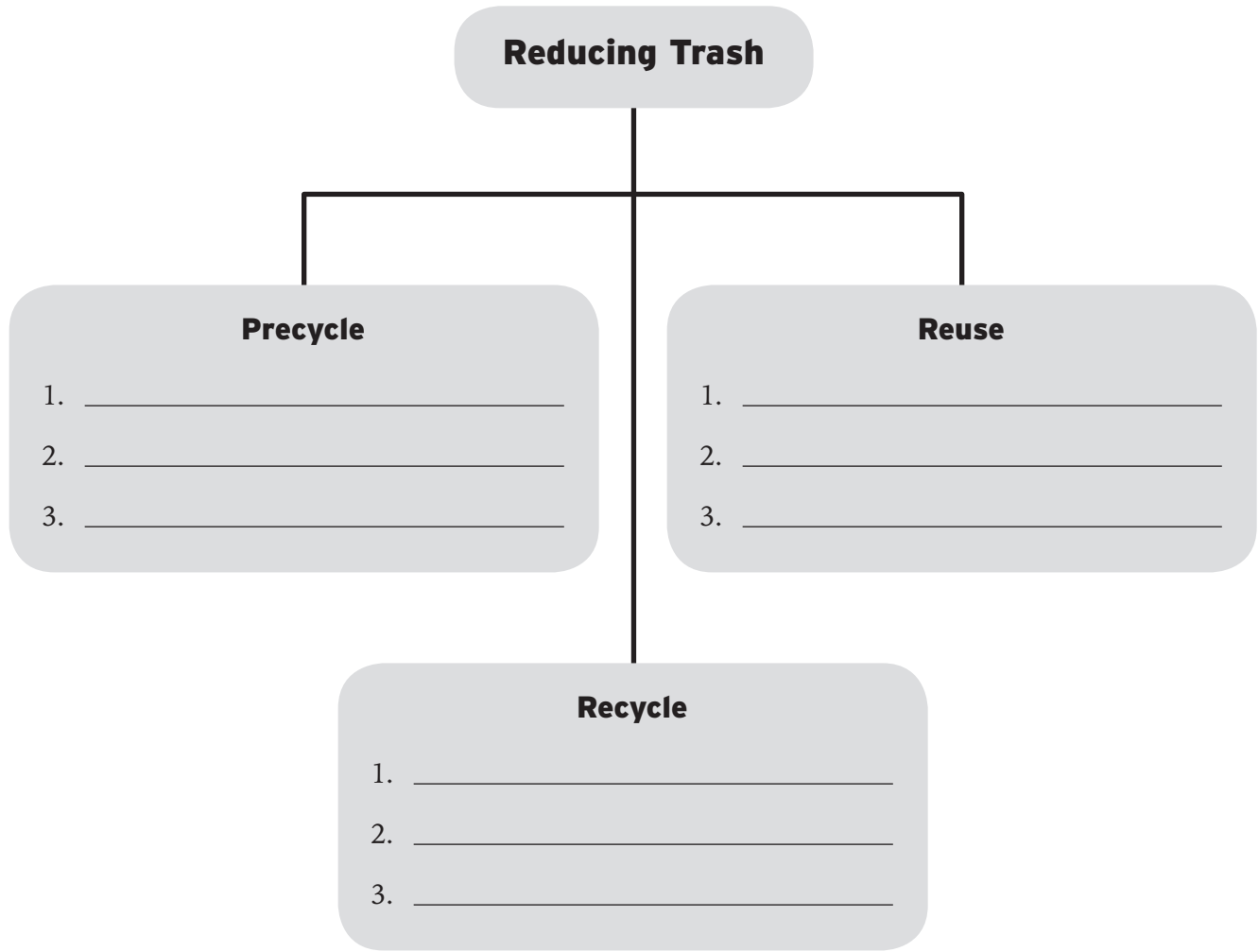
**Directions:** Circle the renewable resources in the numbered list below. Then fill in the chart with three ways to conserve each resource listed.

- |           |           |            |            |
|-----------|-----------|------------|------------|
| 1. Plants | 4. Oil    | 7. Water   | 10. Soil   |
| 2. Air    | 5. Cattle | 8. Forests | 11. Zinc   |
| 3. Copper | 6. Iron   | 9. Humans  | 12. Leaves |

Resources	Three Ways to Conserve		
Water			
Heating and Cooling			
Lighting and Appliances			
Transportation			
Consumer Choices			

## Taking Action Against Trash

**Directions:** In each section of the diagram, write three tips for reducing trash. Then follow the directions in *Your Turn*.



### Your Turn

Review these suggestions and others for reducing trash by precycling, reusing, and recycling. How many of the suggestions do you already practice? What additional suggestions could you follow to do more to protect the environment? Write your ideas on separate paper.