

Study Guide

Directions: Answer each question with the information you learned in Chapter 24. Write your answers in complete sentences on the lines provided.

1. What is the term used to describe the accepted rules of behavior at mealtime?

2. What can mealtime provide for families?

3. What is a place setting?

4. What is included in tableware?

5. Describe what is included in a place setting.

6. Give three examples of table coverings.

7. Name two items you can use to add something special to a table to make it look more attractive.

8. How can knowing basic etiquette, or table manners, help a person?

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9. Specify five good table manners a person can follow.

10. What are four suggestions to follow when clearing the table after a meal?

11. What is the difference between fast-food dining and casual restaurant dining?

12. What does à la carte mean?

13. Give three examples of pleasing restaurant behavior.

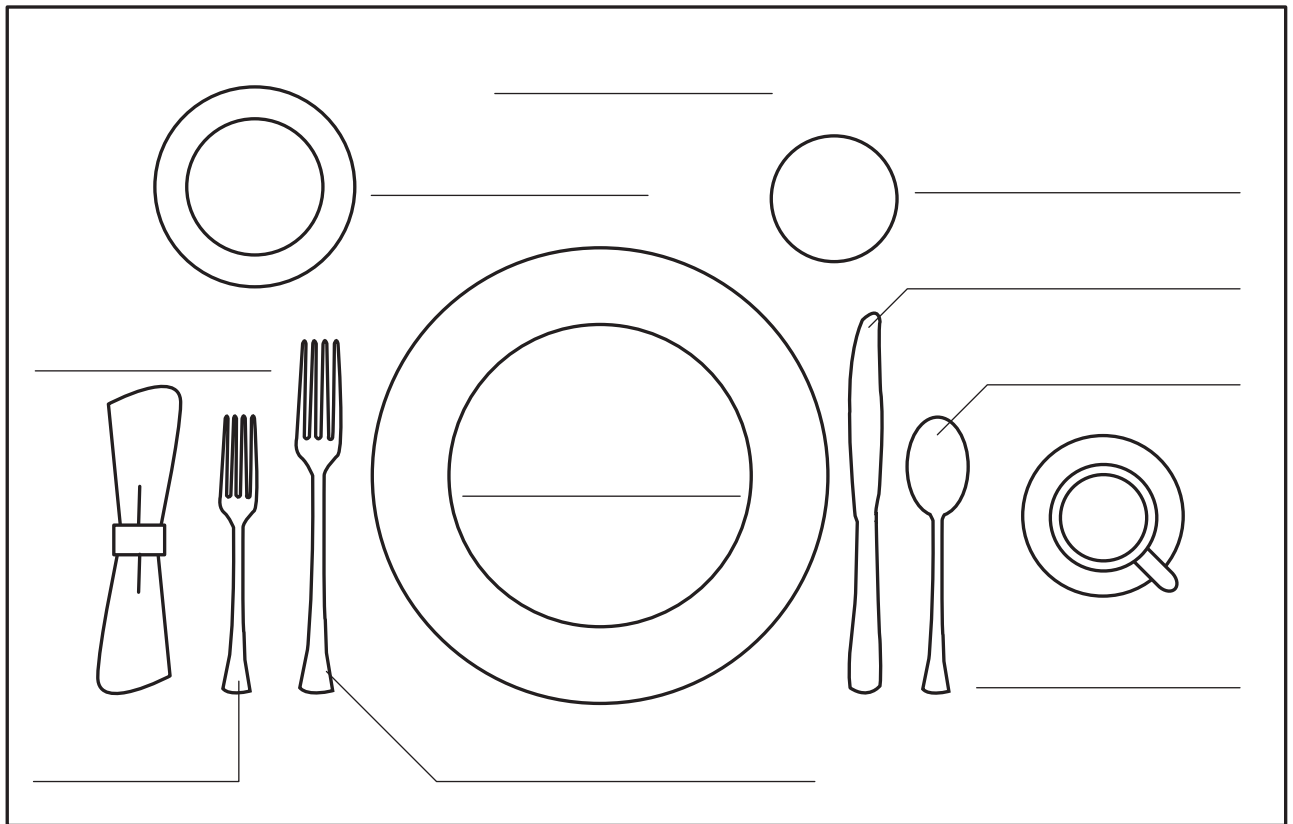
14. What are some points to remember about paying the bill at a sit-down restaurant?

15. List five steps to consider when planning a celebration.

Table Setting Savvy

Part I. Directions: Label the place setting below. Write the letter of the correct tableware item in the space provided on the drawing.

- | | | |
|-----------------|-------------------|----------------------------|
| A. Salad plate | E. Dinner fork | H. Water glass |
| B. Spoon | F. Cup and saucer | I. Dinner knife |
| C. Salad fork | G. Place mat | J. Napkin with napkin ring |
| D. Dinner plate | | |



Part II. Directions: Fill in the blanks below to finish the tips for an attractive table setting:

1. Place the _____ to be used first _____ from the dinner plate.
2. Place the _____ so that the blade _____ the plate.
3. Place spoons to the _____ of the knife.
4. Line up the bottom of the _____ with the _____ edge of the plate.

Menu Guidelines

Part I. Directions: Identify under which section of a restaurant menu the items listed below may be found. Use the following categories:

Appetizer Soup Salad Main course Dessert

Menu Item	Menu Category
Minestrone soup	
Strawberry cheesecake	
Steak with baked potato	
Caesar salad with chicken	
Mozzarella sticks	
Chicken fried steak	

Part II. Directions: Explain the meaning to the following menu terms, and identify food items found under each category:

Menu Term	Meaning of the Term	Example of a Food Item
À la carte		
Prix fixe		
Au jus		
Al dente		
Vinaigrette		
Du jour		

Table Manners

Directions: For each scenario, identify the appropriate and inappropriate table manners each person may be using in the chart below. Then answer the evaluation questions that follow each scenario and chart.

Scenario 1: Natalie is eating at her friend’s house on a weeknight.

When the meal starts, Natalie waits for everyone to be served before she begins to eat. She reaches across the table for the potatoes and later for the salt and pepper. After placing her napkin on her lap, she tries to eat the cooked baby carrots with her fingers. She lays her fork and knife back on the table after she uses them. The food is delicious and she takes her time, chewing carefully between each bite. She compliments her friend’s mother several times during the meal. Once the meal is over, Natalie offers to help clear the table and wash the dishes with her friend. When she leaves for the evening, Natalie tells her friend’s mother, “Thank you for inviting me to dinner.”

Appropriate Table Manners	Inappropriate Table Manners

Evaluate Natalie’s meal experience:

1. Did Natalie use appropriate table manners at all times? Circle one. YES NO

Explain: _____

2. What advice would you give Natalie for her next public eating experience?

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Scenario 2: Jacob goes to a casual restaurant with his family.

While waiting in the lobby to be seated, Jacob chases his little brother around, nearly knocking over a large plant. When he looks at the menu, Jacob complains loudly that the restaurant does not serve pizza, and he argues with his mother about what he should order. He speaks politely to the waiter, and asks his father to pass the breadbasket to him. While waiting for the salad to arrive, he kicks his little brother under the table two times, causing the brother to yelp in pain. When the salad arrives, Jacob uses his salad fork and places his napkin around his neck. He uses his steak knife to cut his chicken, and he chews with his mouth closed. At the end of the meal, Jacob places his flatware across his plate and thanks the waiter for clearing the table. On the way out of the restaurant, Jacob runs after his brother and takes six chocolate mints from the hostess.

Appropriate Table Manners	Inappropriate Table Manners

Evaluate Jacob’s meal experience:

1. Did Jacob use appropriate table manners at all times? Circle one. YES NO

Explain: _____

2. What advice would you give Jacob for his next public eating experience?

