

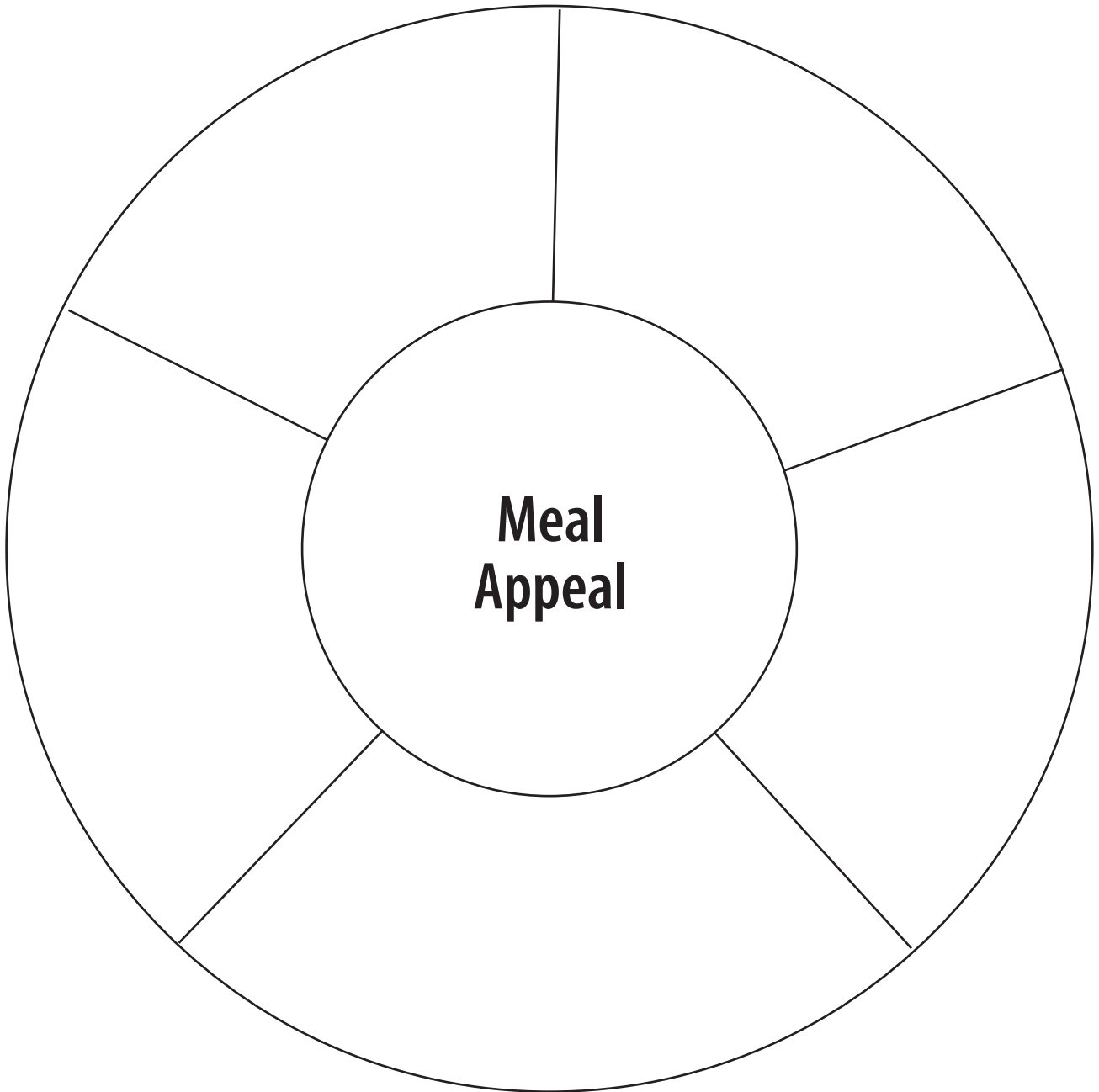
Section 17.1 Planning Meals and Snacks

CHAPTER

17

Meal Planning

Directions As you read, record the elements that make a meal appealing. Use a graphic organizer like the one below to organize your information.



Section 17.2 Preparing Meals and Snacks

CHAPTER

17

Meal Planning

Directions As you read, record the four food preparation steps. Use a graphic organizer like the one below to organize your information.

The Four Food Preparation Steps

1.

2.

3.

4.