

# UNIT 9 Developing Life Skills Activity

## Patterns and Fabrics for You

**Directions:** Read about patterns and fabrics below. Then use the questions as a guide for doing research in a fabric store or on the Internet. Answer the questions on separate paper.

### Choosing Patterns and Fabric

When you make a garment, nobody else is likely to have one quite like it. The garment is an expression of you because you chose the fabric as well as the pattern. A pattern and fabric should fit you in more ways than just size. Do they suit your personality and activities? Will they flatter your coloring and body type? You do not want to spend a lot of time making a garment you will never wear. You do, however, want to create a garment that makes you feel comfortable around people because you know you look your best. Choosing the right pattern and fabric is the first step.

1. Think of a simple garment you can imagine making for yourself. What kind of clothing is it?
2. For what occasions would you wear the garment?
3. Find an easy-to-make pattern in a fabric store or on the Internet. What is the company name and pattern number?
4. According to the pattern envelope, what fabrics are appropriate for this pattern?
5. What feeling, mood, or image do you associate with fabric that has each of these characteristics?
  - A. Fuzzy
  - B. Shiny
  - C. Sturdy
  - D. Stretchy
  - E. Glittery
  - F. Lightweight
6. Some colors may suit you better than others. Hold fabric to your chin in front of a mirror. Which colors make your skin, hair, and eyes look best?
7. Select a specific fabric in the store or online. Choose something that fits the pattern you selected and that you would enjoy wearing. Describe the type, texture, and color of the fabric.
8. Imagine that you have finished making the garment and answer these questions:
  - A. How do you think you would feel wearing the garment?
  - B. How would the garment express your personality?
  - C. What do you think the garment would communicate about you?
  - D. How might the garment affect the way you interact with others?