

◇ Chapter 18: Section 1  
Your Development

**Reteaching Activities**

**CHANGING FOR THE BETTER**

**Directions:** Complete the chart below by explaining how teens change in each area of development and by identifying some ways that teens can learn to adapt to these changes.

Area of Development	How Teens Change	Ways to Adapt
1. Physical Self		
2. Mental Self		
3. Emotional Self		
4. Social Self		
5. Moral Self		

# BECOMING AN ADULT

**Part I Directions:** Name three tasks associated with adolescence.

## ADOLESCENT TASKS

Diagram for 'ADOLESCENT TASKS' showing three empty boxes for student input.

**Part II Directions:** In the boxes below, provide examples of the three components on which life is based.

Diagram for 'Part II Directions' showing three rows of boxes for student input. Each row has a label box on the left and a larger empty box on the right, connected by an arrow.

**Roles** → [ ]

**Relationships** → [ ]

**Physical World** → [ ]