

Chapter 12
Balance Work and Family Life

WORKING TOGETHER

Ever since you were quite young, you’ve been expected to work collaboratively with others. Do you remember working side by side with other four-year-olds to build a sand castle or paint a mural? Even at these early stages of life, you learned some important skills about working with others — skills that you drew on as you matured and that will continue to serve you well as you enter adulthood and the world of work.

Directions: Think back on your many experiences in working with people. These might include being part of a musical group, a sports team, or a school club. List ten of these experiences in the left-hand column below. In the right-hand column, identify the most important skills you think someone in that setting should have in order to work well with other people.

Experiences Working in a Group	Important Skills

(Continued on next page)

Assessing Your Teamwork Skills

1. Of all the experiences you listed, which was your most positive? Why?

2. Name a group working experience that did not go well. Explain why and suggest what could have helped.

3. What are the best skills that you bring to a group?

4. What is the hardest part for you about working with a group of people? Explain.

5. Name the three most important skills necessary for working well in any group.

6. Describe the kind of group you work best in and explain why.
