

The Big Question

School-to-Home Connection

Unit 5 focuses on the Big Question: How Can You Become Who You Want to Be? Throughout the unit, you will learn about how people use their strengths and resources to reach their goals. Before you prepare your own answers to the Big Question, find out what your parents or other adults think. Select one of the activities below to complete at home.

ACTIVITY: Interview

Directions Use the following questions to interview a family member about the Big Question. Write his or her responses on a separate sheet of paper.

1. As a young person, what kind of person did you want to grow up to be?
2. What obstacles did you face?
3. What strengths or resources did you use to face these obstacles?
4. Did you reach your goal? Why or why not?
5. What would you do differently if you could go back in time?

ACTIVITY: Goal Setting

Discuss with a family member the goals that he or she has for the future. For each goal, list one or more obstacles that may present a challenge. Then list personal strengths and resources that will help your family member reach his or her goals. Record the ideas in a chart on a separate sheet of paper. Make sure your chart has three columns, labeled “Goals,” “Obstacles,” and “Strengths and Resources.”

ACTIVITY: Speech Writing

Suppose that the family member you spoke to must give a motivational speech. Use what you have learned in your discussion to create an outline for his or her speech. Then write the final version of the speech on a separate sheet of paper.