

The Big Question

School-to-Home Connection

Unit 5 asks the Big Question: What brings out the best in you? In this unit, you'll be learning about different experiences that bring out the best in people. Try to recall times in your life when a situation offered you the chance to be a better person and whether you rose to the challenge. Use those memories to complete the activity below at home.

ACTIVITY: Create a Chart

Think of three times in your life when you were in a situation that confronted you with the choice of either becoming the best you could be or turning away. Try to be honest about what you did in each of those situations. Create a three-column chart. In the column on the left, write what the situation was. In the middle column, write what you did each time. In the column on the right, write what you learned about becoming the best you could be.

ACTIVITY: Interview

Directions Tell a parent or another adult about the Big Question. Ask him or her to answer the following questions, and record the answers on a separate sheet of paper.

1. Can you recall a time you performed at your very best or reacted to a difficult situation in an admirable way? Tell me about it.
2. What do you think inspired you to be at your best at that time?
3. What qualities do you think are most important to being at your best? Explain.

ACTIVITY: Poem

1. With a parent or another adult, think of a time when you or your family were at your (or their) very best. Write down the details of this time, including the emotions and attitudes that inspired you.
2. Now work to write a poem about the experience you selected. Your poem can be funny or serious. Review your notes for details to include in the poem.