

## Reading Tip

Monitor your reading by slowing down or speeding up depending on your understanding of the text.

### Target Your Reading

Use this to focus on the main ideas as you read the chapter.

- 1 Before you read** the chapter, respond to the statements below on your worksheet or on a numbered sheet of paper.
  - Write an **A** if you **agree** with the statement.
  - Write a **D** if you **disagree** with the statement.
- 2 After you read** the chapter, look back to this page to see if you've changed your mind about any of the statements.
  - If any of your answers changed, explain why.
  - Change any false statements into true statements.
  - Use your revised statements as a study guide.

Before You Read A or D	Statement	After You Read A or D
	<b>1</b> Bones are hard, nonliving structures.	
	<b>2</b> Red blood cells form in the centers of some bones.	
	<b>3</b> Bones rub against each other at joints.	
	<b>4</b> Your arm muscles are the same as your heart muscles.	
	<b>5</b> Movement occurs because muscles relax and contract.	
	<b>6</b> Muscles increase in size mostly because the number of muscle cells increases.	
	<b>7</b> The skin is the largest organ of the human body.	
	<b>8</b> The different skin colors result from different pigments in skin.	
	<b>9</b> A bruise forms when the skin breaks.	
	<b>10</b> Human skin grafts can be grown from donor skin tissue.	