

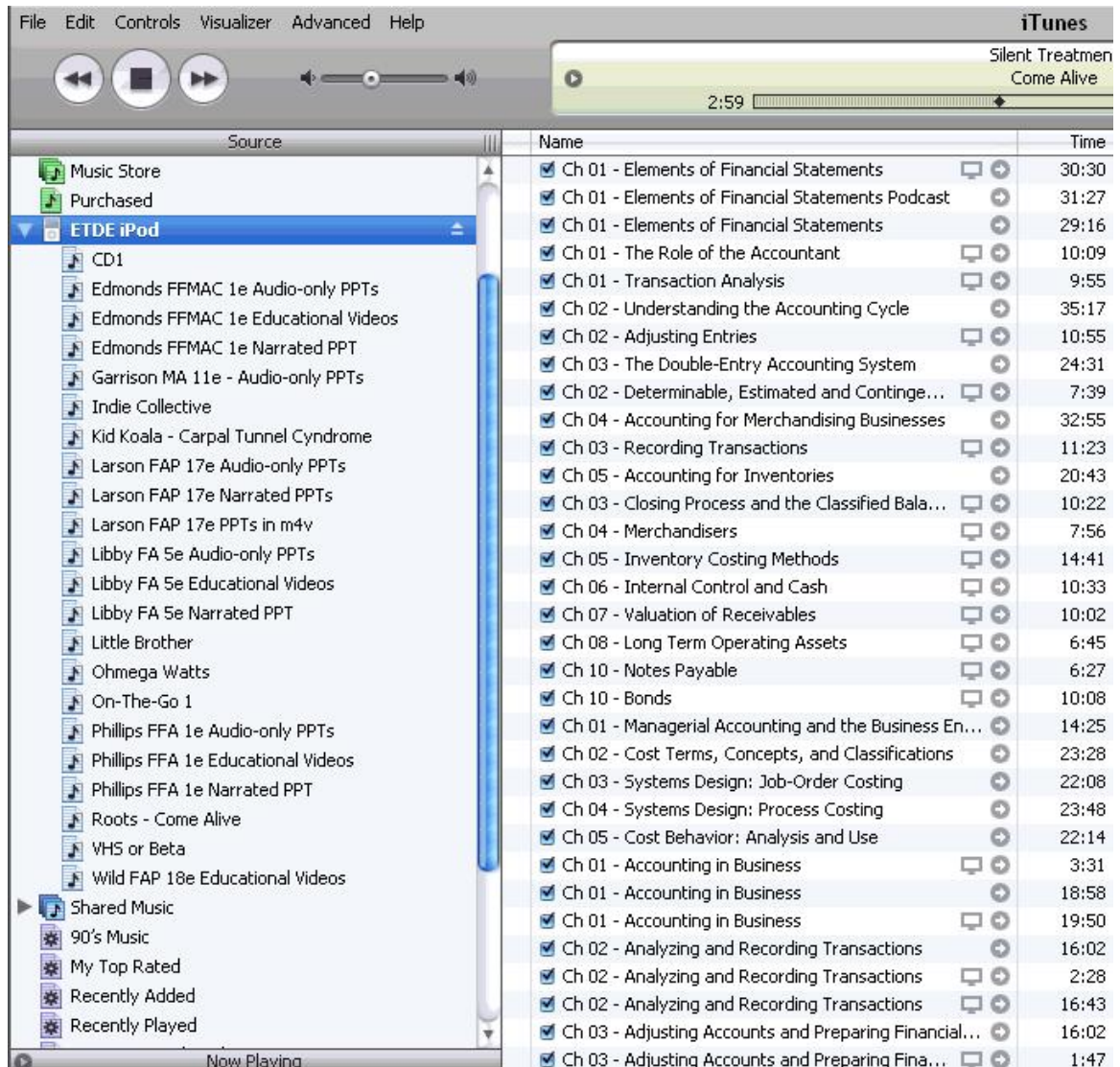
## How to Upload Videos to the iPod®

### Pre-Directions:

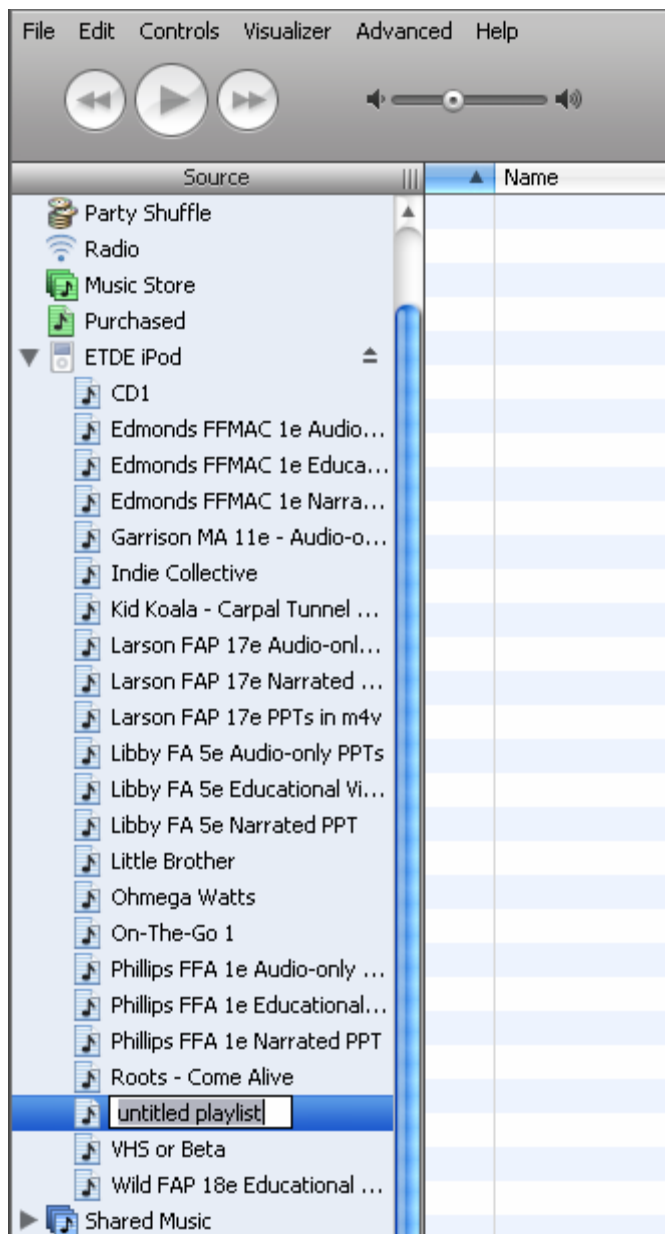
1. Download iPod content from the ARIS website by right-clicking on each iPod download and choosing *Save Target As*.
2. Unzip each file on to your computer.
3. Import files into iTunes.

### Uploading Instructions:

1. Make sure your iPod is plugged into your computer via the USB cable (provided) and open iTunes.



2. Within iTunes create a new playlist for your iPod. To do this, click on the iPod icon with your mouse, then on your keyboard press Ctrl + N. You should now have a new "untitled playlist".



3. Rename the playlist (suggested playlist title: author name and chapter number).
4. Go to your desktop and click and drag the video files into the playlist.
5. When the files finish copying to your iPod, you will now have the video files on your iPod.

