

CHAPTER 5

Health, Safety, and Emergency Response

Study Guide

Directions Fill in the blanks as you read the section in the textbook or listen to lectures and view demonstrations.

Promoting Children’s Health

During the early childhood years, illness, injury, and poor nutrition can

A child’s immune system is _____

Until the immune system fully develops and children learn good health habits,

Health Records and Emergency Forms

When a new child enrolls in an early childhood program, parents or guardians should _____

These records may include:

- _____
- _____
- _____
- _____
- _____

Health records are _____

Every child and staff member should have _____

Limiting Contagious Illness

Pathogens: _____

Illness can be passed easily in a child care setting through _____

Some pathogens are found in _____

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Using Universal Precautions

Universal precautions: _____

Universal precautions include:

- Hand washing:

- Environmental disinfection:

- Wearing gloves:

- Disposal of biohazardous materials:

Limiting Weather-Related Illness

You will need to protect children from the following types of extreme weather illness:

- Hypothermia:

- Frostbite:

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- Heat exhaustion:

- Heatstroke:

- Sunburn:

- Air pollution:

Handling and Reporting Illness

Child care professionals work to _____

They also record _____

Health Checks and Screenings

Daily health checks help staff _____

Health checks take place _____

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Physical symptoms of illness include:

- _____
- _____
- _____
- _____
- _____
- _____

Screenings: _____

Child care professionals deal with illnesses by:

- Restricting attendance:

- Reporting illness and informing parents:

- Following medication procedures:

Special Health Concerns

When caring for children with health problems, professionals _____

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Conditions That Impact Child Health

A few of the conditions you might encounter as a child care professional include:

- Allergies:

- Asthma:

- Diabetes:

- Drug exposure:

- Giardiasis:

- Head lice:

- Human Immunodeficiency Virus (HIV):

Enrollment of Children with Health Conditions

When staff members learn of a child's special condition, _____

Staff should work cooperatively with parents to _____

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Ensuring Children's Safety

The most important safety precaution in group child care is _____

Simple safety rules for children include:

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Safety Risks for Children

Ways to ensure safety include:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

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Developing a Safety Policy

Safety policy: _____

A safety policy addresses _____

It also covers _____

Risk Management Plans

Risk management plan: _____

Risk management plans contain procedures for emergencies such as _____

Risk management plans also identify _____

Fire Evacuation Drills

Fire evacuation diagrams, with arrows toward exits, must be _____

Every classroom, the kitchen, and the laundry area should have _____

In the event of an actual fire, _____

Severe Weather and Disaster Drills

Weather emergencies include _____

Disasters such as earthquakes, mudslides, wildfires, and explosions

require _____

Injury and Accident Prevention

No child care program is _____

Staff reduce the risk of mishaps by _____

Safety inspections: _____

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Transportation safety: _____

Field trip safety: _____

Safety Documentation

Forms that staff will fill out as they work with children apply to the following:

- Injuries:

- Suspected abuse:

- Releasing children:

- Emergency treatment waiver:

Staff Health and Safety

Good programs take steps to _____

Toxins: _____

Ensuring Staff Health and Safety

All child care centers must follow the health and safety standards issued by

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All staff members are required to submit _____

Staff members at child care centers should obtain _____

Leave Policies and Staff Substitutes

Employers with generous sick leave policies encourage staff to _____

Family and Medical Leave Act (FMLA): _____

When a staff member is absent from work, it is the _____ responsibility to find another worker to fill the position.

Certifying Food Service Staff

Food service sanitation certificate: _____

Emergency Skills

If a child requires medical treatment, a staff member should _____

Treating Minor Injuries

Minor injuries can be _____

First aid: _____

First aid kits should include:

Treating Serious Injuries

If a child requires professional medical treatment, a teacher should _____

Then _____

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Treatments for serious injuries can include:

- Choking:

- Rescue breathing:

- Cardiopulmonary resuscitation:

- Automated external defibrillation:

- Accidental poisoning:

Handling Emergency Evacuations

Tips for handling emergencies include:

- _____

- _____

- _____
